

Patricia Stephenson: Uh, we did switch out our lights. That was the first thing we did. And we switched to compact fluorescent lights, which look like this. And some of our lights are LED lights. That stands for light-emitting diode, and here's an example of it. But they come in all different sorts of shapes. And sizes as well.

These are LED lights. And, um, they use 1 watt per bulb, so altogether it's 4 in these track lights. In the track lighting upstairs, it was amazing how much, uh, we were able to save in our -- reduce our electrical use and save money. Because the track lights, each one was burning a 20-watt incandescent light bulb. But then switching to LEDs, it made it look much nicer, it gave a nice ambient light. And it went down to 1 watt per bulb. So, we were very happy with that.

These are LEDs, and you see, you know, how they're -- they're so cool to the touch. They are not wasting any electricity. These are only burning maybe, oh, I guess about 5 watts, something like that. So, they're very, very efficient lights. We use, uh, nice strong compact fluorescent lights where we need very good work light. The other thing that I really have to stress is that it's probably one of the most cost effective things that you can do, because these little guys will pay for themselves in no time at all.

It's just amazing. Um, it -- they cost much more up front, but they last a very, very long time. And if you're like me, you're not a giant among women, and you don't, you know, reach up and change the porch light that often, um, and hate it when you do. Switch to these things. You know, they last a really, really, really long time, they're energy efficient, and, um, gives you just as much light, and you save a ton of money.